

# LENT

prayer • fasting • almsgiving

## Ash Wednesday, February 14th ~ The beginning of Lent

St. John Mission-Paisley - Holy Mass~ 4:00 pm

St. Patrick Church-Lakeview - Holy Mass: 7:00 am & 6:00 pm

Begin the season of Lent with your Parish Family

### ASH WEDNESDAY SOUP & BREAD DINNER

WEDNESDAY, FEB. 14th - PARISH HALL

Following the 6:00 pm Mass in Lakeview

#### Stations of the Cross and Mass

*Each Week During Lent:*

**THURSDAY** - Paisley at 5:00 p.m.  
with Stations following.

**FRIDAY** - Lakeview at 5:15 p.m.

#### Soup After Stations

Those who wish, may gather at the Rectory/Office on Fridays after Stations of the Cross to share a light meal. Anyone wishing to bring soup or bread to share can sign up on sheet at church entrance.

## 2024 HOLY WEEK SCHEDULE

**PALM SUNDAY – March 24th**

Lakeview – Saturday 5:00 pm, Sunday 9:00 am

Paisley - Sunday 11:30 am

Lakeview Penance Service: **MONDAY – March 25th**

Mass: 5:15 pm followed by Penance Service with Fr. George & Fr. Shiju

Paisley Penance Service: **TUESDAY – March 26th**

Mass: 5:00 pm followed by Penance Service.

**HOLY THURSDAY – March 28th**

**Paisley** - Commemoration of the Last Supper: 4:00 pm

**Lakeview** - Commemoration of the Last Supper: 6:30 pm – Adoration after the Mass till 10:00 pm

**GOOD FRIDAY – March 29th - Day of Fast and Abstinence**

Stations of the Cross, Passion & Veneration of the Cross: 5:00 pm

No services at Missions on Good Friday and all are requested to attend the services at St. Patrick Church, Lakeview

**HOLY SATURDAY – March 30th**

**Lakeview** - Easter Vigil: 8:00 pm; **Paisley** – Easter Vigil: 5 pm

**EASTER SUNDAY – March 31st**

**Lakeview Mass:** 9:00 am

**Adel Mass:** 11:30 am

## LENTEN RULES OF FAST AND ABSTINENCE:

1. All Catholics 14 years and older must abstain from meat on Ash Wednesday and on Fridays of Lent.
2. All Catholics between 18 and 59 are to fast on Ash Wednesday and Good Friday. *To fast means to eat only one full meal; the two other meals that day should be less than the normal amount unless they are already at a minimum for good health. Eating between meals is not permitted; however liquids such as coffee, milk and fruit juices are allowed.*